

Speaking to the Body

Verbal Work in Body Psychotherapy

with Will Davis

Friday, 14.4 – Sunday, 16.4.2023, Vienna (AT)

In Body Psychotherapy we need to focus on both the mind and the body, sometimes simultaneously. But, **productive verbal work is more than just talking with patients**. As Eva Reich said, it shouldn't be an intellectual exercise.

In our approach of *Functional Analysis* we differentiate different modes of verbal intervention depending on the intention of the verbal interaction between therapist and patient.

In this workshop we would learn and practice 10 different types of verbal interventions used for different reasons: *information gathering, focusing, parroting, paraphrasing, naming, mobilizing, modeling, acknowledging, integration* and *working with phrases*.

I would offer some guidelines and axioms, for example

- identifying depersonalization processes in self reporting
- in verbal work less is more
- how to help the patient to distinguish between exploring and explaining as well as between reporting, interpreting, judging and justifying
- and that content – the narrative of the patient's history - is only relevant in context – the individual character structure. A personal revelation from a schizoid is quite different from a personal revelation for a hysteric.

Time permitting, we can also discuss how to use verbal work as a diagnostic tool of character development and functioning.



Will Davis (1943) is an American psychotherapist with over 45 years experience. He has a psychology degree and was trained in neo-reichian Radix work, encounter groups, Gestalt Therapy and in various alternative healing methods. In the past 40 years, he has been practicing and training throughout Europe and before that

worked in America and Japan. He developed the gentle connective tissue based somatic release technique of Points & Positions and combines that with a unique synthesis of verbal therapy. He offers trainings in Functional Analysis Body Oriented Psychotherapy based on the self-organizing and creative movement of the instroke of the pulsation and the role of connective tissue in development and defense. He is member of editorial boards of two journals, the Italian Society of Psychologists and Psychiatrists, the EABP, AETOS, EAP and teaches as a guest trainer. He lives with his wife in the south of France.

More about Will Davis & Functional Analysis

functionalanalysis.org

Publications

see <http://2020.functionalanalysis.org/index.php/articles>

in German:

Davis, W. (2020). Funktionale Analyse. Grundlagen und Anwendungen in der Körperpsychotherapie. Gießen: Psychosozial-Verlag.

Event Details

This workshop is directed towards bodyworkers and bodyoriented psychotherapists.

Location

Haus des Friedens
Albrechtsberggasse 9/7
1120 Vienna, Austria

Timetable

Friday, 14/4/23	12.30 noon - 8:30 pm
Saturday, 15/4/23	10 am - 6 pm
Sunday, 16/4/23:	9 am - 5 pm

Language: English

Number of participants: 16

Cost

€ 360 (registration deadline: 24 Feb 2023)
(Overnight stay possible on request, limited capacities)

Registration & Questions

mail@johanneseegger.at

A € 180 deposit has to be made to secure your participation.

Cancellation policy: Your deposit is not refundable unless you/we can find another person to take your place. If you cancel after 14th March 2023, the participation cost shall be due in full unless you/we can find another person to take your place. In the event that the workshop is cancelled by the organisers, your deposit shall be refunded to you in full.